Community South

937.293.8300 contactus@southcommunity.com www.SouthCommunity.com

Mental Health · Substance Use Treatment

CARING FOR KIDS

SOUTH OFFICE

1349 Stroop Road Dayton, OH 45429

SPECIALIZED YOUTH SERVICES

3155 Elbee Road Suite 100 Moraine, OH 45439

MAIN OFFICE 3095 Kettering Boulevard Dayton, OH 45439

CARING HANDS FOOD PANTRY

A food pantry for South Community clients via in-house referral giving access to food, personal care items and nutritional information.

WALK IN HOURS

Monday - Friday

8:00am - 2:00pm

CIT: CRISIS INTERVENTION TEAM CO-RESPONDER

Riding as Co-responder with Kettering, Vandalia, and Butler Township Police Departments to provide crisis intervention, immediate engagement, and care coordination follow-up support to those persons coming in contact with these police departments and in need of immediate interventions.

COMMUNITY SUPPORT SERVICES / CASE MANAGEMENT

Higher level of care for adults and youth ages 6+ who are having severe emotional and/or behavioral challenges in their home, school or community.

EQUINE ASSISTED THERAPY

Horse-interacting sessions are led by a mental health professional and a trained Equine Specialist.

MENTAL HEALTH

Outpatient therapy services provided by compassionate, multidisciplinary staff who use evidencebased practices to help clients achieve their therapy goals. In-Home. In-person and via Telehealth.

PSYCHIATRIC SERVICES

Medication assessment and medication management by professionals promoting the healing process.

SUBSTANCE USE / RECOVERY

Individual and group outpatient services using evidence-based practices and a harm reduction philosophy to assist clients with attaining or sustaining recovery from alcohol and other substances while concurrently addressing mental health needs.

ASSERTIVE COMMUNITY TREATMENT (ACT)

We offer special teams of community-based care including highly specialized and personal care for client with severe and persistent mental illness. All teams assist in providing therapy, medications. Case management needs including housing, vocational and academic support.

INTENSIVE OUTPATIENT PROGRAM (IOP)

Outpatient level of care for adults with substance use disorders, or co-occurring mental health disorders and substance use disorders. The program is a 12 week program that includes three group sessions per week, as well as individual sessions and pharmacological management. IOP supports individuals in recovery to help them achieve their goals and step down to a lower level of care upon completion.

COMPREHENSIVE DUAL RECOVERY (CDR)

Outpatient Mental health and addiction treatment for adults recovering from substance abuse and mental illness.

SHAPING UP PROGRAM

A fitness program that offers weekly support of a Health Mentor (personal trainer) and nutrition counseling along with exercise activities. Eligibility required.

SPECIALTY COURTS

A problem-solving approach to recovery giving treatment services, comprehensive supervision and drug testing to clients in Adult Drug Court and Women's Therapeutic Court.

SUPPORTED EMPLOYMENT

Employment services and benefits planning program to assist clients in securing and maintaining employment giving them an extra jump start in the workplace.

PROGRAMS Screening, assessment and crisis intervention for youth at Montgomery County Juvenile Court. LIFE PROGRAM (LEARNING INDEPENDENCE & FAMILY EMPOWERMENT) **70UTH ONLY** In-home counseling with Juvenile Court-involved youth ages 10-18 and their families. In-home counseling for families with children of all ages who are involved in Family Treatment Court.

SCHOOL-BASED COUNSELING PROGRAM

School-based counseling within one of our 12 contracted districts for qualified youth and adolescents. Experienced child and adolescent counseling during the student's school hours. Our school based services also remain involved with the student and their family over the summer months to preserve achieved gains into the following year.

SCHOOL-BASED PREVENTION PROGRAM

School-based Prevention Programs: In partnership with Montgomery County's Alcohol, Drug Addiction, and Mental Health Service Board, several programs further the prevention of mental health concerns and addiction in the youth of our community. Initiatives implemented into the school setting aim to increase children's academic success and reduce high-risk problematic behaviors.

SOUTH CONNECTION

An Enrichment Latchkey program providing supervised activities for K-6 students from 7am-6pm throughout the school year and during the summer (Oakwood City Schools).

YOUTH POSITIVE HEALTH DAY TREATMENT PROGRAM (YPH)

Trauma-informed staff work with parents/guardians, youth and schools to bridge the gap between outpatient services and inpatient psychiatric hospitalization. Ages 6-17.

MISSION STATEMENT

South Community is committed to improving the quality of life and whole person health status of children, adults and families by providing a dynamic continuum of integrated behavioral healthcare services and health-promoting resources for our consumers and the community we serve.

VISION

Building a healthier community through personalized behavioral health services.

PROGRAMS

NIV

ADULT

SERVICES